

Advanced Life Support in Obstetrics

ALSO Provider Course Reference Sheet

Updated OCT 2022



Course Description

An evidence-based, interprofessional, and multidisciplinary training program that prepares the maternity care team with knowledge and skills to effectively manage OB emergencies. ALSO encourages a team-based approach for physicians, residents, nurse midwives, registered nurses, and other members of the maternity care team to facilitate patient safety and positively impact maternal outcomes. The 16-hour course includes 8 hours of required Precourse material and 8 hours attending the In-person class.

Course Components

ALSO offers a robust training program with 14 core curriculum topics included in the online component of the course, six of which are also included as hands-on workstations during the live component of the course. In addition, there are five optional chapters.

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|--------------------------------------------------|---------------------------------------|
| ✓ Safety in Maternity Care | ✓ Malpresentations, Malpositions and |
| ✓ Late Pregnancy Bleeding | ✓ Multiple Gestation |
| ✓ Preterm Labor / Premature Rupture of Membranes | ✓ Shoulder Dystocia |
| ✓ Intrapartum Fetal Surveillance | ✓ Postpartum Hemorrhage |
| ✓ Hypertensive Disorders of Pregnancy* | ✓ Maternal Resuscitation and Trauma |
| ✓ Labor Dystocia | ✓ Cardiac Complications of Pregnancy |
| ✓ Assisted Vaginal Delivery | ✓ Venous Thromboembolism in Pregnancy |
| | ✓ Maternal Sepsis |

Precourse Requirements

Approximately 30 days before the course participants will receive an email with instructions and a link to the online portion of the course. Content includes approximately 8-hours of lectures, case studies, and demonstrations. Precourse Online work must be completed prior to attending the course.

Continuing Education

The In-Person class is approved for Prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The American Academy of Family Physicians is approved as a provider of continuing nursing education by the Kansas State Board of Nursing. This course is approved for contact hours applicable for APRN, RN, LPN, or LMHT re-licensure. Kansas State Board of Nursing provider number: LT0278-0312.

ALSO Provider Certification

Upon successful completion of the ALSO course, participants receive American Academy of Family Physician's ALSO Provider Card valid for 3 years.

On-Site Training

Express Training Solutions offers on-site training for groups or organizations who prefer to have the course held at their location. Please contact us today for additional information.

www.ExpressTraining.com | 888.815.0313 | info@expresstraining.com

Express Training Solution is an authorized ALSO Course sponsor by the American Academy of Family Physicians.



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Common FAQ

Is all course material included with my ALSO registration?

Yes, your registration covers everything needed for the ALSO course.

Do ALSO courses currently qualify for any MOC Part IV activities?

The ALSO Provider Course - Live portion meets the conditions for Maintenance of Certification (MOC) Part IV for obstetrician learners through the American Board of Obstetrics and Gynecology (ABOG).

How long is my ALSO Provider status valid?

The AAFP ALSO Provider card is valid for 3 years

Is ALSO training commonly offered or required by family medicine residency programs?

Yes. New Accreditation Council for Graduate Medical Education (ACGME) requirements have emphasized the use of simulated team training to demonstrate competency in responding to emergencies. The ALSO Provider Course is an effective way to ensure all residents can demonstrate emergency obstetrical techniques and team safety behaviors.

What happens if I need to cancel my ALSO Course registration?

Traditionally a full refund minus a 5% fee to cover credit card processing is provided if notification is given within 7 days prior to the course date. However, access to the online pre-course material is sent to students 30 days before the course and once accessed, represents a cost to our company. Once online material is accessed, a partial refund may be given provided the required 7 days advanced notice is given.

Can I reschedule my ALSO Course?

Yes, if advanced notification is received students may reschedule their course twice without any additional fees. Students who do not provide at least 3 days advance notice or fail to show up for a course will be charged a reschedule fee of \$100.